

# Dog Walking Checklist

A calm, easy-to-use guide for safe and happy walks. Pack the essentials, stay aware, and keep every outing stress-free for you and your dog.

Walk type: _____	Date: _____	Dog name: _____
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## Before You Leave

- Check the weather and route
- Attach leash and collar securely
- Bring poop bags and a small water bottle
- Make sure the ID tag is on the collar
- Take treats if needed for training or recall

## During the Walk

- Stay alert around roads, bikes, and other dogs
- Allow time for sniffing and exploration
- Watch for signs of stress, heat, or fatigue
- Keep a comfortable pace for your dog
- Be respectful to people, children, and public spaces

## After the Walk

- Offer fresh water and a few minutes to rest
- Clean paws if the ground was wet or dirty
- Check for ticks, small cuts, or irritation
- Give praise, calm attention, or a small reward
- Note anything unusual about energy, appetite, or behavior

**Notes**

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**Reminder**

Every dog is different. A great walk is calm, safe, and suited to your dog's age, energy, and comfort level.